

A commitment to quality

At Thornbury, Sheffield's leading independent hospital

THORNBURY Hospital, part of BMI Healthcare, is Sheffield's leading independent hospital. With a commitment to quality and value it provides facilities for a range of medical services together with friendly, professional care.

Thornbury has 77 spacious rooms offering the privacy and comfort of en-suite facilities, satellite TV and telephone. The Fulwood based hospital also has four theatres, an endoscopy suite, a high dependency unit and an intensive care unit.

These facilities combined with the latest in technology and on-site support services, enable consultants to undertake a variety of procedures from routine investigations to complex surgery. This specialist expertise is supported by caring and professional medical staff, with dedicated nursing teams and resident medical officers on duty 24 hours a day, providing care within a friendly and comfortable environment.

The hospital carries out more specialist procedures than any other independent hospital in Sheffield, from cataracts and hernias to complex heart surgery. And with BMI's self-pay package 'Option' you don't need private insurance to access this expertise either. Simply arrange the treatment you need at a time to suit you, with no hidden extras and no long waiting lists. John Lofthouse,



Pleasant location: Thornbury Hospital, in Fulwood, takes pride in the level of service provided

executive director of Thornbury Hospital, said: "We are constantly looking to increase the number of innovative procedures and services that we can offer to patients.

"A number of pioneering services have been launched recently including 4D ultrasound scanning which enables parents to bond with their unborn baby and Endovenous Laser Treatment (EVLV), a quick and minimally invasive procedure to treat varicose veins which leaves no scar and allows patients to return to a normal life much more quickly than traditional surgery.

"We take great pride in the level and quality of service that we

provide to our patients and our doctors. Our latest independent patient survey for the period ending 30th September found that 99 per cent of patients recognised the high quality of care provided by Thornbury as being excellent or very good, which is a fantastic result."

John added: "Thornbury provides a variety of services to make your stay as pleasant as possible. We were recently awarded a 'passport' by Smoke Free Sheffield, in recognition of our non smoking policy.

Great care is taken to ensure that all meals provided in the hospital are not only nutritious

but appetising. A wide variety of food is available and menus can be prepared to suit special dietary needs or particular preferences. Visiting hours are flexible and visitors can also enjoy meals either in the patient's

room or in the hospital restaurant." **Call the helpline now on 0114 266 4455 for more information about Thornbury's wide range of services or visit the website www.bmihealthcare.co.uk/thornbury**

Looking at how diet can affect our health

SCIENTISTS at the Human Nutrition Unit at the University of Sheffield regularly run research projects looking at the effect of food and drink on risk of disease.

Past studies range from explaining how the diet can affect the risk of cancer, bone disease, birth defects and heart disease to advising about school dinners.

We have a range of current and future studies and seek to register people from Sheffield, Rotherham, Barnsley and Doncaster to make our studies reflective of South Yorkshire.

We need men and women of all ages (18-65) and all health ranges.

If you are interested in helping with the research then please contact us. We will then register you onto our database and send you information about our studies. You will not be obliged to take part in any of the studies if you do not wish to.

Interest? Please call us on 0114 2713457.

Research: Can what we eat make us more likely to get health problems?



Would you like to try a new contraceptive pill?

Are you aged between 18 and 50 and in good health?
Are you sexually active, in a relationship and requiring contraception?

An international, officially approved research study is underway, investigating a new combined oral contraceptive pill. All women taking part in this 1 year clinical study will be closely monitored by the research team.

You will be compensated for your time and travel expenses.

To find out more please contact
the Sheffield Central Health Clinic on **271 6800**
(Monday to Friday between the hours of 9am to 5pm)

Full Time Business Opportunity

join a
growing
industry

Is it time to rethink your future?

Do you want to have a rewarding career as well as the potential to earn an excellent income?

Are you looking for a new and exciting challenge that gives you a better quality of life?

Then look no further

Become a LighterLife Counsellor

LighterLife operates a weight-loss Programme specifically designed for people with three stone or more to lose. Did you know that there are estimated to be 13 million obese people in the UK by 2010? Each has their own reason for being overweight. You could help them understand why and achieve a healthier weight.

We are expanding our network of Counsellors throughout the whole of the UK and are looking to recruit motivated self-starters to run their own business under the security of our national brand.

This business opportunity offers comprehensive and accredited training (with an 80% development loan available), business support and personal development, whilst providing a medically approved weight-loss Programme that offers an income of £50K+.

If you have a real desire to operate your own business and to help people change their lives then call Samantha or Katie for an information pack on 0870 4424744 or email.new@lighterlife.com

www.lighterlife.com

